

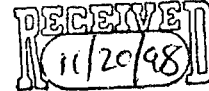
SWOPE COMPANY

20801 SE LANSING LANE
BORING, OR 97009
PH (503) 658-7065 FAX (503) 658-3149

9058 '98 NOV 24 P2:47

November 17, 1998

Secretary of Health and Human Services
c/o Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D. C. 20204



To the Official Listed Above:

Notice is provided under Section 403 (r) (6) of the Federal Food, Drug, and Cosmetic Act of the label used on a dietary supplement which will be distributed interstate beginning next week.

Swope Company, an Oregon corporation, is beginning to distribute this product.

The address is: 20801 SE Lansing Lane
Boring, OR 97009

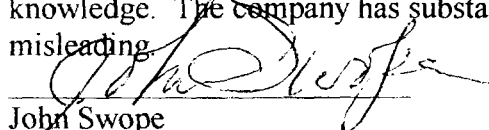
We also do business as Better Living and as Better Living through Nutrition.

The text of the statement being made follows.

Each Capsule Provides: Glucosamine 500 mg Supplied as 663 mg Glucosamine Sulfate Direction: Adults take 1 capsule 3 times daily. Tamper resistant package for your protection. Contains no additives. BETTER LIVING THROUGH NUTRITION GRESHAM, OR 97030	GLUCOSAMINE SULFATE NO SODIUM NATURALLY DERIVED FULL STRENGTH FORMULATION CONTENTS: 90 CAPSULES	Glucosamine is the molecule your body uses to build and repair cartilage. With age the body's glucosamine level can decrease, resulting in less cushioning at the joints. Supplements of glucos- amine taken continuously have restored range of motion and reduced pain by rebuilding cartilage in joints. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.
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The dietary supplement referred to is glucosamine sulfate.
There is no brand name at this point.

I certify that the above statements are complete and accurate to the best of my
knowledge. The company has substantiation that the statement made is truthful and not
misleading.


John Swope
President

97S-0162

Also see docket 97S-0163

LET2652